

Keeping our Operating system and Anti Virus program updated.

To be safe when on the Internet it is essential to keep the updates done regularly. The best way to do this is to setup automatic updates.



Vista - Go to Start/Control Panel/Security Center.
Click on "**Check this computer's security status**"

Windows 7 – Go to Start/Control Panel System & Security.
Windows updates



In this window you can see what is switched on and off.
Click on the "**Change Settings**" button. Here you can change how the updates come in.
I prefer to choose which ones I allow in. This means whenever there are updates a message will pop up on the screen asking if you want it.
You will also see from this window whether or not your Anti Virus program is switched on. (this function only applies to Vista)
The Anti Virus program should be set to Automatic, this is done when you first install it

Peggy.